THE HOME BASE PLAN



HOME BASE

You In Your Absolute Radiant Glory

1st BASE

3rd BASE

Relationships

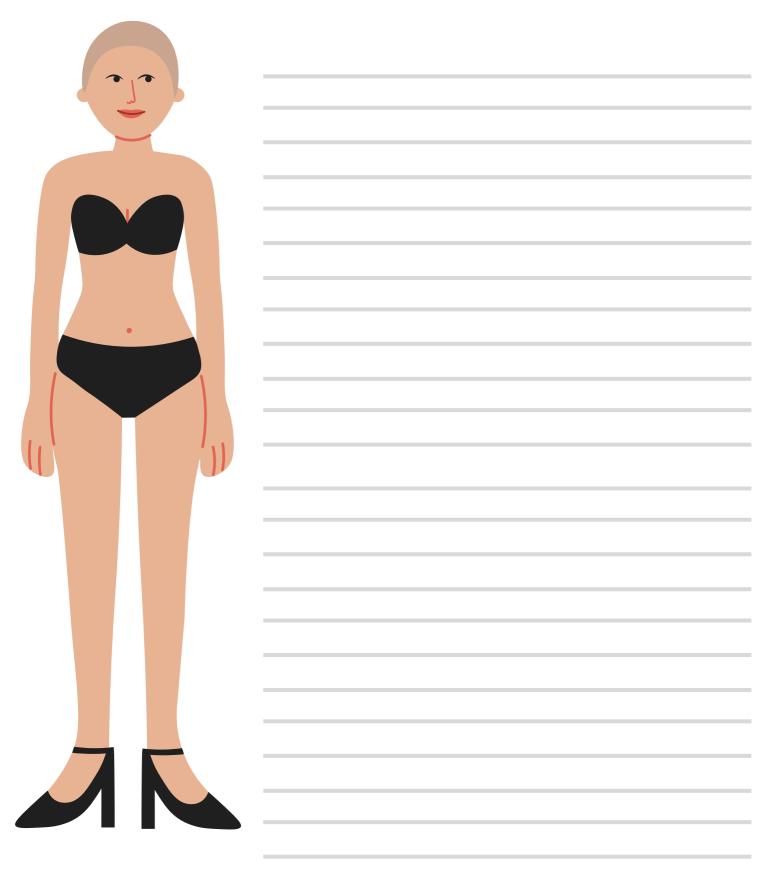
Wellbeing

2nd BASE

Mindset

WHO ARE YOU





BASE 1: WELLBEING







Mental Health Physical Health

Spiritual Health

W W	What does making your Wellbeing important each day mean to you? What excuses show up as the common denominator for you each day? What changes to your Wellbeing are you deeply wanting to make? What 5 non negotiable habits will you promise to yourself?						
	ow do you want to look, feel,	, ,					

BASE 2: MINDSET





Emotionally





Energetically

Releasing

If you could sit inside your emotions and negative energy patterns - what would these stories say?

What are the patterns and triggers that keep continually showing up to distract you from making Radiant Changes in your reality?

What story would you love to re write into your own words?

w hat story w	odia you io	ve to le wi	ite iiito yot	

BASE 3: REALTIONSHIPS









Friendships

What do you deeply desire from your:

Romantic Relationships Friendships & Social Circles Career, Business and Workplaces

BASE 3: HOME BASE





Explore all your notes - what does your complete Home Base look like, feel like no you have written you brand new success story

Write Your Wildest Dreams

WHAT NEXT?





Take your life to the Radiant Level!

Transform your life in 90 days with The Radiant Woman

Head to www.claireburt.com.au/radiantwoman for all the details!